

# Transition From Dependence to Independence

## Skills Needed to Maximize Independence & Employment Potential

|  | Birth – 3<br>Years Old | 3 – 6<br>Years Old | 6-16<br>Years Old | 16-21<br>Years Old   | 21 +<br>Years Old    |
|--|------------------------|--------------------|-------------------|----------------------|----------------------|
| Communication System                               | *****                  | ????????????????   | ?????????!!!!!!!  | !!!!!!!!!!!!!!!!!!!! | !!!!!!!!!!!!!!!!!!!! |
| Social Skills<br>Appropriate Behaviors             | *****                  | *****              | ?????!!!!!!!      | !!!!!!!!!!!!!!!!!!!! | !!!!!!!!!!!!!!!!!!!! |
| Independence w/<br>Personal Hygiene                | *****                  | *****??????        | ?????????!!!!!!!  | !!!!!!!!!!!!!!!!!!!! | !!!!!!!!!!!!!!!!!!!! |
| Team Work  | *****                  | *****              | ????????????????  | !!!!!!!!!!!!!!!!!!!! | !!!!!!!!!!!!!!!!!!!! |
| Dependability<br>Follows Directions<br>Timeliness  | *****                  | *****              | ?????????????!!!! | !!!!!!!!!!!!!!!!!!!! | !!!!!!!!!!!!!!!!!!!! |
| Work Ethics<br>Pre-employment Skills<br>Academics  | *****                  | *****              | *****????         | ?????????!!!!!!!     | !!!!!!!!!!!!!!!!!!!! |
| Self Advocacy<br>Self Awareness                    | *****                  | *****              | *****??????       | ????????????????!!!! | !!!!!!!!!!!!!!!!!!!! |
| Community Awareness<br>and Access                  | *****                  | *****              | *****??????       | ?????????!!!!!!!     | !!!!!!!!!!!!!!!!!!!! |
| Health / Nutrition<br>Emotional / Mental<br>Health | *****                  | *****              | *****????????     | !!!!!!!!!!!!!!!!!!!! | !!!!!!!!!!!!!!!!!!!! |

### START NOW!

|            |                  |                      |
|------------|------------------|----------------------|
| *****      | ???????????????? | !!!!!!!!!!!!!!!!!!!! |
| Developing | Important        | Critical             |

#### Directions-

Indicate on the graph where you believe your child is in each skill.

O = School  
X = Family  
■ = Other